

IS PALLIATIVE CARE RIGHT FOR YOU?

Are you struggling with:

MANAGING SYMPTOMS

- Symptoms that interfere with your everyday life.
- Common symptoms we help with include: pain, shortness of breath, nausea, vomiting, and constipation.



FINDING RESOURCES

- Difficulty with transportation
- Caregiver support
- Completing paperwork



COPING

- Stress from your serious illness.
- How to talk with your family and friends about your illness.
- Sharing what's important to you at this time.
- Seeking spiritual or religious support.



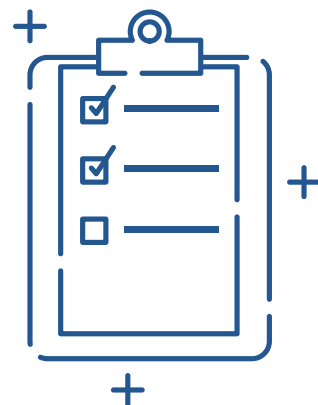
TREATMENT DECISIONS

- Making treatment choices.
- Figuring out how to choose your care and treatment to match what's most important to you.
- Understanding the pros and cons of treatments.



MAKING MEDICAL PLANS

- Setting up an advance health care directive.
- An advance health care directive is a document to describe what kind of care you want if you are too sick to communicate.



We can help.