



By Your Side Through Breast and Ovarian Cancers

Unite for HER's free Wellness Programs educate patients about integrative cancer care and provide them with access to supportive services and resources at no personal cost.

Discover our Free Programs supporting your emotional and physical well-being

Select services may be available to you.

Services vary depending on program and geographic location, including:

**Professional Counseling • Grocery Gift Cards • Yoga • Virtual Hang Outs • Vegetable Deliveries
Fitness Memberships • Reiki • Meditation • Expert Q&A's • Healthy Meal Deliveries • Speaker Series**

Wellness Passport Program

- For those diagnosed with breast or ovarian cancer, Stages 1-3, in the past 18 months
- One year of integrative therapies and services of your choosing, valued at \$2,000

Extended Wellness Passport Program

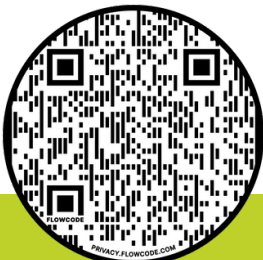
- For those living with metastatic breast cancer or recurrent ovarian cancer
- Ongoing access to integrative therapies, renewing every six months, valued at \$2,000

Empowered Living Program

- For those diagnosed with breast or ovarian cancer, all stages, regardless of diagnosis date
- Ongoing access to free online educational events, speaker panels, virtual hangouts, expert Q&As, cooking webinars, and more

Join Our Community

To be considered for a Wellness Program, please apply online or contact us. A member of the Wellness Team will be in contact to let you know which program and services you have qualified for.



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