



**06/09/2023**

**TO: Homeless Health Center Co-Applicant Board (CAB)**  
**FROM: Thomishia Booker, Director Outpatient Care Management**

**SUBJECT: Agenda Item: G**  
**Meeting Date: 06/13/2023**  
**Item Description: Cardea Health Pilot Program- Eddie's Place**

**BOARD ACTION: None**

### **Background**

Alameda Health System (AHS) Board approval was granted to begin a one-year pilot program with Cardea Health (Cardea) to provide a medically supported shelter for homeless patients discharged by AHS.

Arranging for the safe and timely discharge of this population of unhoused acute care inpatients poses an ongoing and significant logistical challenge with material implications for patient access, resource utilization, financial viability, and legal compliance.

Cardea is a non-profit healthcare organization and certified home health agency providing unhoused individuals with critical clinical and support services through various programs. Cardea can address many of the often unmet needs discharged unhoused AHS patients face through the program using hotel rooms or other residential rooms reserved for use by program participants.

- Cardea offers short-term post-hospitalization shelter for patients experiencing homelessness who require safe and stable shelter to adhere to treatment plans and reduce incidence of rapid readmission after discharge.
- Shelter and housing staff are available 24 hours a day to respond to emergencies. 20 program beds per month
- Stays are limited to 7 days post emergency room encounter and 30 days post inpatient admission.
- ADL and personal care support are available through licensed and unlicensed caregiving services.
- Due to their integrated services model, Cardea can address many of the unmet needs that discharged unhoused AHS patients face through the program using hotel rooms or other residential rooms reserved for use by program participants.

### **Analysis**

This is a project overview of the Cardea Health- Eddie's Place Pilot. The pilot program began on May 1<sup>st</sup>. The Program Impact Report will be shared during the Board Meeting. AHS currently leases 20 program beds, and the census has fluctuated appropriately. Key stakeholders meet weekly to discuss the program pilot. The purpose of this presentation is to keep the community informed of the efforts to improve resources for our unhoused acute care patients.

**Prior Board Action:** None

**Board Action Requested:** None

**Fiscal Impact:** TBD

**Budgeted/Authorized:** \$2,766,700.00

**Estimated Cost Savings:** \$2,914,206



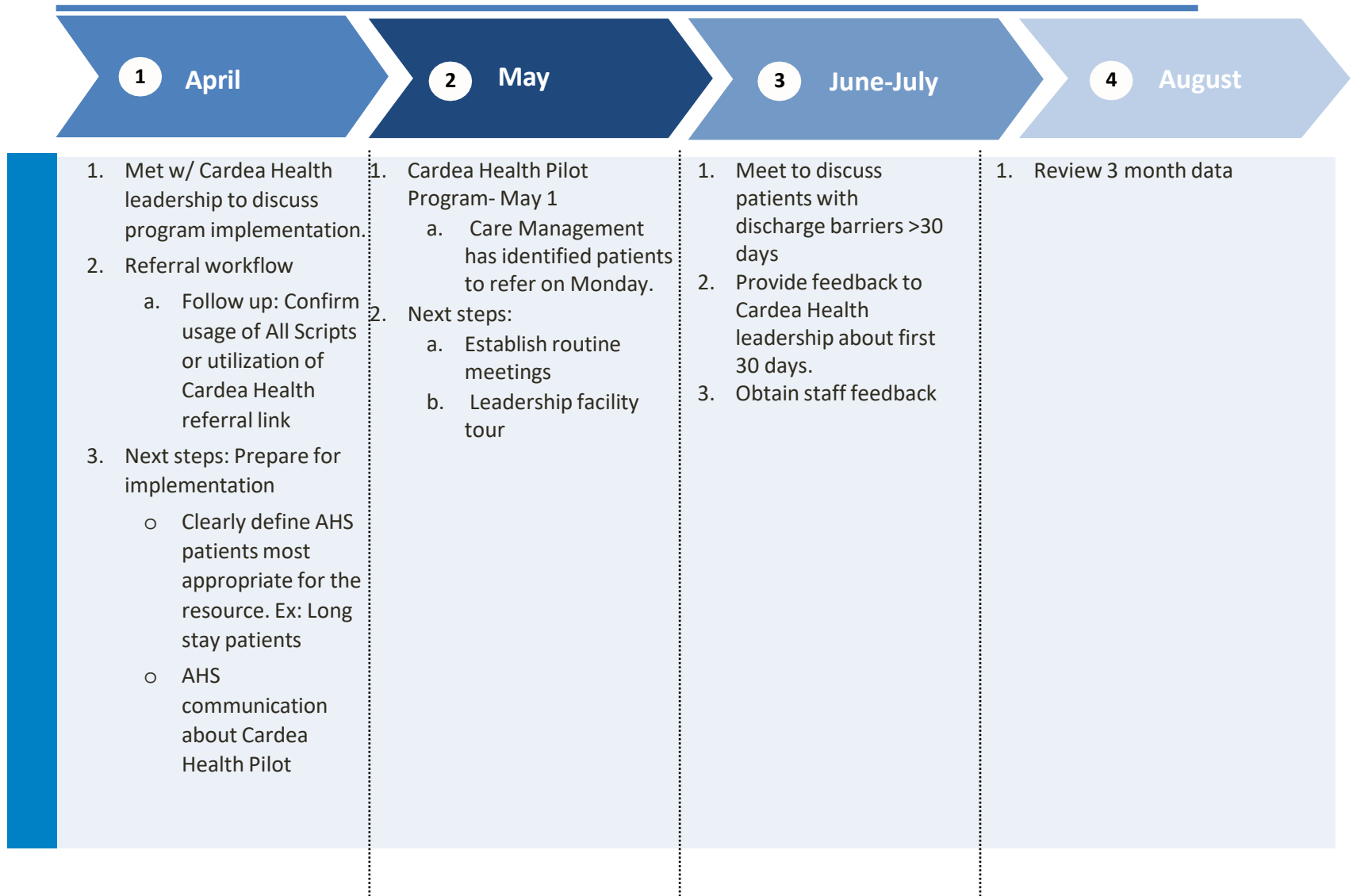
## Cardea Health Pilot Program- Eddie's Place

## Cardea Health Service Description

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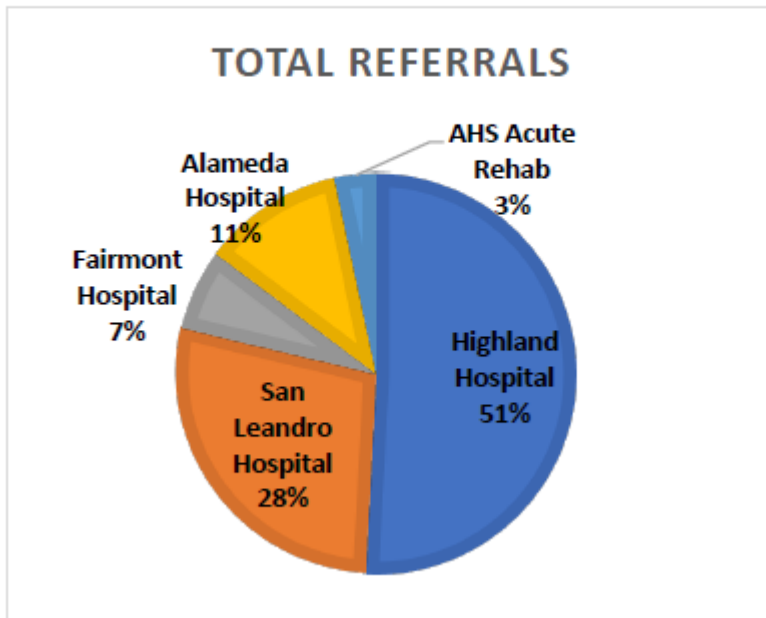
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# Cardea Health Pilot Program- May 1, 2023

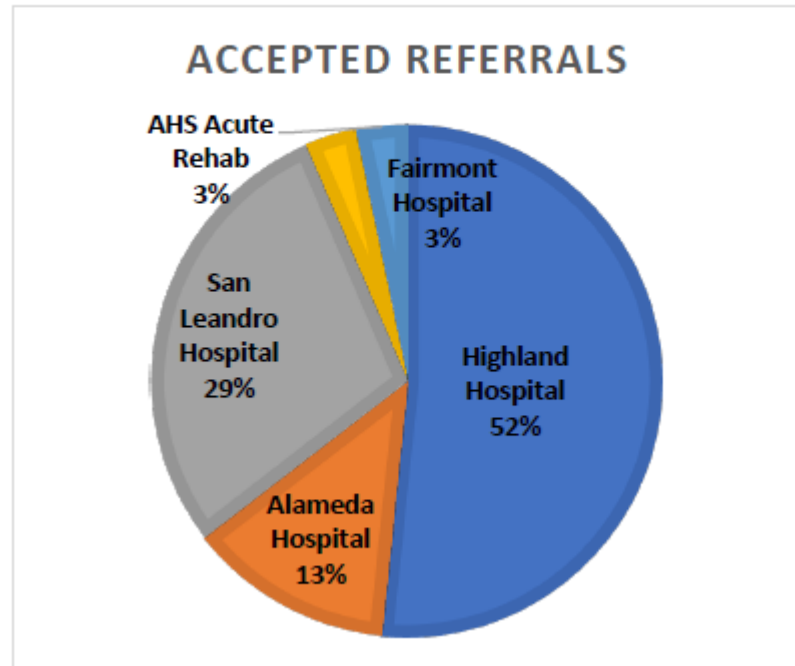


# Programmatic Summary May 2023

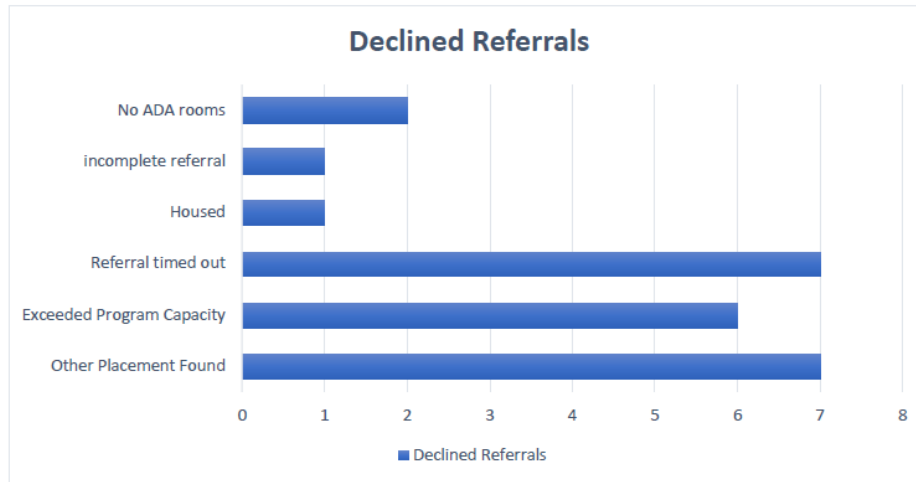
**Total Referrals to Eddie's Place:**



**Total Referrals Accepted:**



# Programmatic Summary May 2023



## Client demographics:

Among the 31 clients admitted to Eddie’s Place, 14 were Black/African American, 9 identified as Hispanic/Latino, 6 identified as White/Caucasian.

Race Demographics	
Hispanic/Latino	9
Black/African American	14
White/Caucasian	6
Native American	2

Gender Demographics	
Male	25
Female	6

# Opportunities and Program Impact

- Eddie's Place will likely reach full capacity in June 2023 and will initiate a waitlist for beds at the program, we will work closely with AHS leadership to appropriately prioritize referrals on the waitlist against same day referrals as bed space becomes more limited.
- Eddie's Place aims to increase the number of referrals from AHS Emergency Departments through informational sessions scheduled with department staff in the coming weeks.
- Additionally, we hope to shorten the time between referral and discharge by streamlining the referral form to highlight medical necessity and client needs, reducing the amount of back and forth between the program and referring partners.
- In its first month of operations, Eddie's Place has served 31 unique clients referred for post-hospitalization shelter from Alameda Health System. Eddie's Place accepted four clients who would have otherwise had indefinite hospital stays and admitted one client from the emergency department that was able to avoid an inpatient stay.
- Eddie's place has accepted a hospice client on a dobutamine drip, where he will remain through the end of his life.
- Eddie's Place has connected four clients with opioid use disorder with outpatient medically assisted treatment and have offered harm reduction and overdose prevention education to all clients admitted to the program.