

Alameda Health System

Board Self-Assessment

The Governance Institute

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The board's duties and responsibilities





Core Responsibilities



Response Rate Bo

Board Engagement

- 9 of 9 responses
- 100% participation
- n of 1=11%

Question Structure Aligned to Roles and Responsibilities

- 37 items Very Effective to Very Ineffective
- 3 items 0-10
- 5 open ended opportunities

Overall Rating Overall Effectiveness of Board

- 7.3 Overall board effectiveness
- 8.8 Positive, meaningful, engaging experience
- 8.2 Opportunity to influence strategy, culture, and/or performance





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Three Fiduciary Duties



Core Responsibilities



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Items with high correlation 1

Receives necessary background materials and well-developed agendas within sufficient time to prepare for meetings.	Duty of Care	67% 22% 11%
Exercises due diligence in gathering unbiased information before making major decisions (e.g., financial, strategic, legal, clinical, etc.).	Duty of Care	33% 44% 22%
The board and CEO mutually agree on the CEO's written performance goals prior to the evaluation (in the first quarter of the year).	Management Oversight	22% 67% 11%
Approves long-term and annual quality performance criteria based upon industry-wide and evidence-based best practices for optimal performance.	Quality Oversight	56% 22% 11% 11%
Engages in building a high level of trust with the CEO and staff.	Custom Question Module	44% 33% 22%
Has a culture that allows for active participation, candid communication, and rigorous decision making; board members voice opinions/concerns regardless of how sensitive the matter may be.	Board Culture	67% 11% 22%

Items with high correlation 2

Demonstrates a clear understanding of the difference between the responsibilities of the management team and the board and avoids getting into operational matters.	Board Culture	33% 33% 22% 41%
Spends more than half of the meeting time during most board meetings in active deliberation, discussion, and debate about strategic priorities of the organization, as opposed to hearing reports.	Strategic Direction	11% 44% 11% 49%
Understands the funding models (i.e., FFS, supplemental reimbursement, commercial insurance, etc.) for AHS operations and the services that it provides.	Custom Question Module	78% 11% 11%
Considers how major decisions will impact the organization's mission before approving them and rejects proposals that put the mission at risk.	Duty of Obedience	56% 33% 11%
Communicates adopted strategic goals and clear expectations of the role(s) of the subsidiaries in meeting those goals.	System Module	11% 22% 11% 33% 22%
Is sufficiently informed by management and discusses the multi-year strategic/financial plan and the organization's capital & operating budget before approving them.	Financial Oversight	11% 44% 33% 11%
Demonstrates a clear understanding and is focused on improving relationships with key stakeholders including the unions, clinical staff, Alameda Health Care District, members of the public, the County Board of Supervisors, and other key County agencies and leadership.	Custom Question Module	33% 67%
Establishes a strategy for aligning the clinical and economic goals of the hospital(s) and physicians.	Strategic Direction	44% 11% 22% 22%
Understands the organization's current financial situation and receives accurate financial reports on a regular basis in order to provide early warning signals of financial problems.	Custom Question Module	44% 44% 11%

Items of strength

Has a culture that allows for active participation, candid communication, and rigorous decision making; board members voice opinions/concerns regardless of how sensitive the matter may be.

Models a culture of dignity, equity, and transparency.

 \checkmark

Receives necessary background materials and well-developed agendas within sufficient time to prepare for meetings.

Follows a formal orientation program for new board members that includes education on their fiduciary duties, core responsibilities, and information on the industry and its regulatory and competitive...



Considers how major decisions will impact the organization's mission before approving them and rejects proposals that put the mission at risk.



Board Culture

Custom Question Module

Duty of Care

Board Development

Duty of Obedience

Very Effective

Satisfactory

y Ineffective

Very Ineffective

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■ Don't Know



Effective

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Items of opportunity

22%11%11%24%planning.22%11%11%24%pool that reflects a broad range
, gender, background, skills, and
e).44%11%11%3s (i.e., FFS, supplemental
etc.) for AHS operations and the
provides.78%11%11%3hittee performance that support
egic direction/plan.22%11%22%20%inical and economic goals of the
hysicians.44%11%20%

Board Development Board Development Custom Question Board Development Strategic Direction

Applies competency-based governance principles to assess board members and facilitate board development and board leadership succession planning.

Selects new trustee candidates from a pool that reflects a broad range of diversity and competencies (e.g., race, gender, background, skills, and experience).

X

Understands the funding models (i.e., FFS, supplemental reimbursement, commercial insurance, etc.) for AHS operations and the services that it provides.

Sets annual goals for board and committee performance that support the organization's strategic direction/plan.



Establishes a strategy for aligning the clinical and economic goals of the hospital(s) and physicians.

Very Effective

Effective Sat

Satisfactory Ineffective

20%

0%

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60%

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40%

Very Ineffective

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80%

33%

11%

11%

22%

22%

100%

■ Don't Know



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Open ended comments

Important obligations

- Express opinions, keep current on financials
- Being prepared and actively participating
- Uphold trust to community, hire CEO
- Advise CEO and help set strategic direction and goals
- Carryout mission, uphold fiduciary duties and meet goals
- Hold management accountable
- Establish service quality metrics to fulfill regulatory and licensure standards
- Ensure high quality provider for employees, patients, and community partners

Board experience

- Dedicated, diverse and professional leaders
- Taft, great leader
- Engaged and diligent board with much opportunity overcoming past adversity
- Continuing to learn, positive, continued work on diverse members

Influence strategic direction, culture, performance

- Opportunity for more strategic direction
- Commitment to health equity



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Open ended comments, cont.

Board Improvement

- Focus on strategic direction
- Effective committee reports
- Training on health policy and funding sources
- Focus on patient, finances, staff
- More focus on strategy, less on reports
- Meeting preparedness and attendance

Education Topics

- Urban healthcare, financial arrangements, local healthcare market SWOT of competitors
- Culture of Excellence, population health, value-based care, zero harm, quality, physician engagement
- Federal funding programs, DEI, relationship with county
- Brown Act
- Strategic planning
- Trauma care

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Leadership Succession Planning

Written policy statement • Leadership position descriptions • Selection criteria • Identification and development • Performance evaluation • Connection to recruitment

Continuous Governance Improvement

Board mission statement • Track board performance • Evaluate efficiency/ effectiveness beyond annual assessment • Continuous process analysis • Challenge and change culture

Evaluation & Performance

Board assessment • Committee assessment • Director assessment/peer review • Commitment to making changes • Appointment/ reappointment qualifications

Board Structure

Proper size • Committee ructure • Board role: clear lefinition, responsibilities/ accountabilities • Distinction between managing and governing • Effective meetings

Board Culture

Clear behavior expectations • Encourage robust engagement • Mutual trust and willingness to take action • Commitment to high standards

Education & Development

Formal orientation • Formal board education plan • Education goals and process to meet goals • Resource allocation • Certification

Elements

Effective Governance



Board Recruitment

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GOVERNANCE

INSTITUTE



Development planning ideas

Action Item	Strategy	Resources Available	Assigned To	Timeframe





Prescribe best practices and resources





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What are the lessons learned?

What are the action Items?







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Appendix

The Governance Institute Today

The Governance Institute provides trusted, independent information, resources, tools and solutions to board members, healthcare executives and physician leaders in support of their efforts to most effectively lead and govern their organizations.

1,000 Non-profit Healthcare Partners Nationally

Healthcare Executives, Board Members, Physician Leaders, Governance Support, General Counsels, etc.







Intentional Board Development



- **Publications and resources:** A library of more than 1,000 articles, resources, and videos that is searchable and on-demand (e.g., whitepapers, case studies, newsletters, etc.)
- E-learning platform: Over 18 modules with full CPE accreditation
- Events: A variety of in-person and webinar events each year for networking and development purposes.
- Governance support program: Tools and templates for minutes, board agendas, competency inventories, and other governance support documents





Convenience of E-Learning accessibility

Board Orientation Course

All lessons complete! Please continue to the test. Congratulations, you have completed all of the lessons. Now the test is available. Please take the test to get your baseline TAKE THE TEST	scores in each topic area.
Topic Areas	Content Viewed
Fundamental Fiduciary Duties	REVIEW TOPIC
How the Board Accomplishes Work	REVIEW TOPIC
Board Responsibilities: Quality Oversight and Financial Oversight	
Board Responsibilities: Strategic Direction and Mission Oversight	REVIEW TOPIC
Board Responsibilities: Board Development, Management Oversight, and Community Benefit and Advocacy	REVIEW TOPIC
Committees: The Workhorses of the Board	
Gaining Perspective to Serve Effectively: An Overview of the Healthcare Industry	REVIEW TOPIC



