

# Visitation Guidelines

Our team is taking special precautions to keep you and your loved one safe while at AHS. We have put special restrictions in place for visitors. These restrictions can change as the status of COVID-19 changes in our community.

<h3>Outpatient Visitor Restrictions</h3> <p>One visitor per patient is allowed in the Outpatient setting.</p>	<h3>Inpatient Visitor Restrictions</h3> <p>COVID-19 negative hospitalized patients are allowed one visitor at a time. Alternate visitors must wait outside the facility and cannot gather in waiting areas or lobby spaces.</p> <p>Visiting hours are  <b>M-F 11AM-9PM, Sat/Sun 9AM-9PM.</b></p> <p>Clergy are allowed and not included in visitor limit. Overnight visits discussed on the unit level. Exceptions will be made for limited circumstances only. For all others, we will help patients and loved ones connect by using technology.</p>
<h3>Emergency Department Restrictions</h3> <p>One visitor per patient is allowed in the Emergency Department.</p>	<p>Post-Acute Visitation is NOT included in these guidelines.</p>

## Exceptions

(pertains to outpatient, inpatient & ED, unless otherwise noted)

For entry to AHS, all visitors must comply with the requirements outlined on the next page.

Visitor Exceptions	Applicable to: COVID-19 Positive, Suspected COVID-19 Patient & COVID-19 Negative Patients
NICU	One parent/guardian at a time daily during inpatient stay.
End of Life	All end-of-life visitation will be arranged with care management/social work and the unit charge nurse. Limitation on number of visitors and length is variable depending on patient status.
Labor	One visitor at a time for patient giving birth, One (1) professional Doula.
Dependent Patient Support	Patients with psychosocial, intellectual, developmental or cognitive disabilities who rely on in-person support at home for medically necessary care.
Pediatrics	One parent/guardian at a time during inpatient stay.

# Visitor Requirements

**Inpatient Visiting Hours:** M-F 11:00am-9:00pm, Sat/Sun 9:00am-9:00pm

These hours are strictly enforced unless a compassionate exception applies.  
Compassionate exceptions are arranged by the primary provider team.

Dear AHS Visitors,

We are happy to support your visit with your loved one today. To keep you, our patients and caregivers safe, we require all visitors to:

- ✓ Avoid visiting if you are feeling sick, have a fever, have been in close contact with a person who is COVID-19 positive or have recently had a positive COVID-19 test.
- ✓ Answer all the questions about your health and contact with people who COVID-19 are positive.
- ✓ If you have personal cloth face covering, you will be asked to replace it with the mask we provide at the entrance. Masks are to be worn at all times covering your nose and mouth.
- ✓ Check-in at the nurse's station so you can be taken to the correct room.
- ✓ Stay in the patient's room until you plan to leave. Visitors cannot linger in the hallways, lobbies or waiting rooms. Once you leave the unit, the visit is over. You are allowed to use public bathrooms. Masks must be worn at all times while you are visiting your loved one.

We must practice social and physical distancing in all areas of our hospital. Because of this, lobbies and waiting areas closed and you may be redirected or asked to leave an area if the distancing is not possible due to space issues. The care team or lobby staff can help answer any questions you have.

**By accepting this handout, you are agreeing to the visitor requirements.**  
**Visitors who do not follow these requirements will be asked to leave.**

# Patient and Loved One Support

**We understand the importance of social connections and healing.**

**To stay connected with your loved one while they are admitted to the hospital, we have support programs in place.**

## **Video Visits**

We encourage you to use Face Time, Zoom or other video platforms to visit with your loved one while they are admitted to the hospital. If the patient does not have a device, tablets are available by request.

