

VISITATION GUIDANCE

Updated 5/6/2020

At Alameda Health System, our patient care philosophy depends greatly on engaging families to be part of the healing process. For the continued health and safety of our patients, visitors and staff, and in accordance with guidance from state and local health officials, **we are restricting visitors until further notice as follows:**



In Hospitals

Visitors will not be permitted except in the very limited circumstances listed below. All visitors that meet one of the criteria below will be screened, and will not be permitted to visit if ill (i.e. symptoms including fever, cough, or sore throat).

- Patients in labor may have one support person per stay, from admission to discharge.
- Patients who require assistance including minors and individuals with special needs may have one parent or guardian.
- Neonatal Intensive Care Unit (NICU) patients may have one parent visit at a time (both parents will be permitted to visit, but not at the same time).
- End-of-Life patient visitors:
 - Must coordinate visitation with the VPs at each facility, with no overnight stays
 - May have one visitor at a time
 - All other visitors must wait off campus and will be permitted to visit only at the discretion of the VPs
- Patients with physical, intellectual, and/or developmental disabilities and patients with cognitive impairments may have two support persons with one person present at a time.
 - Must coordinate visitation with the VPs at each facility, with no overnight stays
 - All support persons must stay in the room and be asymptomatic for COVID-19 and not be a suspected or recently confirmed case
- We highly encourage alternative means of communication to provide healing support, such as phone calls, FaceTime, Google Hangouts and Skype.
- As additional precautions, flower deliveries have been suspended and food deliveries must be made outside the hospital in an effort to limit the number of vendors in the hospital.

In Clinics

We are screening all visitors to our outpatient facilities. Visitors who are ill will not be permitted to accompany patients unless they are accompanying a child. For all ambulatory clinics, the visiting guidance is as follows:

- It is preferred the patient come alone to minimize infection risk.
- If needed, we will accommodate one visitor.

The decision to restrict visitors was difficult and made only after careful consideration to prevent the spread of COVID-19. Thank you for your understanding and support as we remain committed to our mission to provide the highest quality health care to the communities we serve.