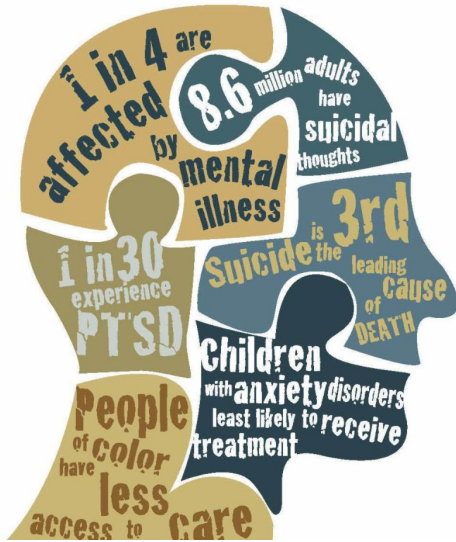


San Leandro and Alameda Hospital Receive 5150 Hold Designation



The Alameda County Board of Supervisors recently approved a proposal to designate Alameda Health System's San Leandro and Alameda Hospital, the University of California Berkeley Student Health Center and the Oakland Behavioral Health Clinic as 5150 hold facilities.

"Having these other facilities with the designation will reduce wait times for treatment, ensure people aren't transferred to John George unless absolutely necessary and allow us to provide better behavioral health services to our patient population," said Karyn Tribble, PsyD, LCSW, chief administrative officer for behavioral health services at AHS.

The 5150 code allows someone who is experiencing a mental health crisis to be involuntarily detained for a 72-hour psychiatric hold. Alameda County has one of the highest 5150 incident rates in the state of California, in part due to efforts to train law enforcement personnel to

recognize an individual's need for behavioral health services rather than incarceration. Prior to its approval by the Board of Supervisors, the only facilities at AHS that were able to provide this care were Highland Hospital and John George Psychiatric Hospital.

"When a person that is thought to be dealing with a psychiatric emergency is brought to a facility that does not have a 5150 designation, he or she will have to wait to be transported to a location that can provide this service. Law enforcement will have to be involved in the transfer and this can lead to the person in crisis waiting longer to receive the treatment they need," said Tribble. "With the approval from the Alameda County Board, this will create greater access for patients who need this emergency care."

In recommending this designation, Alameda County Behavioral Health (ACBH) has required that these 5150 designated facilities initiate or release a 5150 hold based upon a patient consultation with a psychiatrist. That consult may be performed in person with the patient or through telepsychiatry.

Last year, ACBH awarded AHS behavioral health services a grant to purchase telehealth psychiatry equipment on site. Previously, there could be a wait for a psychiatrist to arrive to a specific location, now AHS will also be able to offer psychiatric telemedicine services to evaluate 5150 holds.

Step by step. Day by day.

The road to recovery is not easy. Oftentimes patients who are trying to fight their addiction have underlying issues that need to be resolved. Find out how Lisa Cooper, behavioral health supervisor of ambulatory services at AHS, was able to aide her patient Pamela in her sobriety with the help of the integrated behavioral health in primary care and primary care addiction treatment programs. [Read the full article here.](#)



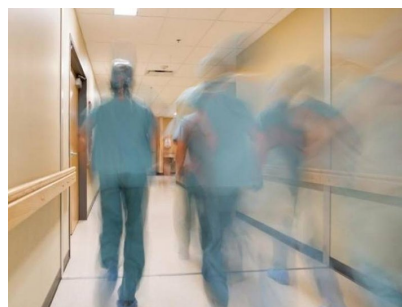
Staff Spotlight



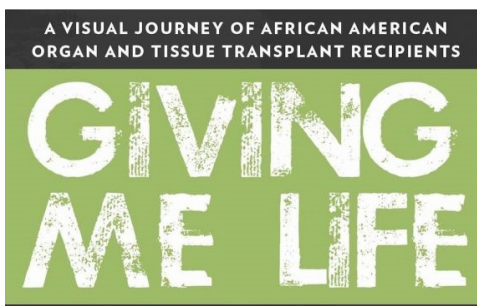
Pamela Alston, DDS, MPP, dental director at Alameda Health System-Eastmont Wellness, was recently published in the California Dental Association Journal. Alston and her colleagues provided recommendations for treatment of dental caries (cavities). Findings from their study show that successful management of dental caries requires management of the disease with chemical therapy and behavior change, in addition to minimally invasive restorative work. [Read the full article here.](#) We are able to share this article with permission from the California Dental Association, copyright January 2019.

Opioid Use Disorder: Highland Hospital Program

Alameda Health System-Highland Hospital is among 31 health facilities selected from across the state to participate in the California Bridge Program, an accelerated training program for healthcare providers facilitated by the Public Health Institute's Bridge program to enhance access to around-the-clock treatment for substance use disorders. Program sites will receive funding, training, and technical assistance to improve and increase access to facility-wide treatment and referral of acute symptoms of substance use disorders. Highland Hospital is considered a "star-site" for this program which will be led by Andrew Herring, MD, medical director of the AHS Substance Use Disorder Treatment Program and Principal Investigator for the Statewide California Bridge Program. To find out more information about this program [click here.](#)



Coming Soon



Donor Network West will be partnering with AHS to bring the "[Giving Me Life: A Visual Journey of African-American Organ and Tissue Transplant Recipients](#)" exhibit to Highland Hospital in April. This showcase shares testimonials from Bay Area African-American transplant recipients who have overcome incredible obstacles in their respective journeys towards health and wellness thanks to their organ donations. The exhibit will launch on April 4th in the Highland Care Pavilion lobby at 4:30 p.m. and run through the month of April.

Let's be Engaged

Alameda Health System will be cleaning up the neighborhood around Highland Hospital on Saturday, March 2, 2019 from 9 a.m.-11 a.m. If you are interested in volunteering please email pace@alamedahealthsystem.org.



Visit AHS

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