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Alameda Hospital Hosts 20th Annual Community Health Fair October 25

Free Flu Shots, Health Screenings, Bike Helmet Giveaways and More

Alameda, Calif. (October 14, 2014) –Alameda Hospital, a member of Alameda Health System (AHS), a major public health care provider recognized as a world-class patient- and family-centered system of care, is hosting the 2014 Community Health Fair on Saturday October 25, 2014 in an effort to promote health and wellness. The 20th annual event, taking place from 9 a.m. to 12 p.m. at Alameda Hospital’s 2070 Clinton Avenue facility, will feature free health screenings, family-friendly activities and exhibits from community groups.

Attendees can receive a variety of free services including flu shots (14 years and older, while supplies last), blood glucose testing for diabetes, body mass index/body fat analysis, a quick look electrocardiogram (EKG), podiatry screening, and information about stroke prevention and chronic wound and skin care. Cholesterol screenings will also be available for \$5, and osteoporosis screenings will be \$10.

Free bike helmets will be provided to kids under the age of 12 (while supplies last), while the Alameda Police Department will be on hand to assist with proper fitting. Additional family activities include Kid Safe Photo IDs, emergency vehicles, safety and disaster information from CERT, the Alameda Fire Department’s Citizen Emergency Response Team, and healthy nutrition resources. Exhibitors will include local experts in health insurance, senior safety, healthy homes, cancer prevention and injury prevention.

“We are committed to holding an annual health fair because we want Alameda residents and our neighboring communities to know that we are here as a trusted partner for everyone’s ongoing health and wellness year round,” said Mary Bond, Alameda Hospital’s AVP of Patient Care Services. “Also, as we head into the flu season we believe it is critical to have resources available to help the whole community stay healthy and informed.”

For more information, please visit <http://www.alamedaahs.org> or call 510-814-4362. RSVPs are not required.



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About Alameda Hospital

Alameda Hospital, located in Alameda, California, is a member of Alameda Health System (AHS), a major public health care provider recognized as a world-class patient- and family-centered system of care. The 281-bed facility provides a full range of emergency care, inpatient and ancillary/outpatient services, long term care, and wellness services. Alameda Hospital has an award-winning Certified Primary Stroke Center, the Creedon Center for Advanced Wound Care and the Bay Area Bone and Joint Center, its newest specialty treatment centers. For generations, it has been the hospital of choice for local Alameda residents and is increasingly meeting the needs of patients from its neighboring communities throughout the East Bay area with personalized, state-of-the-art health care.